

ALENDA

G O L F

ENGLISH



ALLERGENS



ALLERGENS DECLARATION

In compliance with Regulation (EU) No. 1169/2011 on the provision of food information to consumers, this establishment has information available for consultation regarding the presence of allergens in our products. Please ask our staff if you would like more information on this matter.

CAFETERIA

COFFEE — CAFÉ — B O U

ESPRESSO	1,90
ESPRESSO WITH MILK 	2,10
LATTE 	2,50
CAPUCCINO 	3,00
AMERICANO 	2,50
BOMBÓN  (espresso with condensed milk)	2,90
COFFEE WITH WHIPPED CREAM 	3,50
CARAJILLO	3,80
BELMONTE	3,80
COLA CAO 	2,50
GLASS OF MILK 	2,00
HOT CHOCOLATE 	3,00

EXTRA PLANT-BASED MILK +0,50

CAFETERIA

TEAS & HERBAL INFUSIONS



GREEN TEA	2,10
ROOIBOS TEA	2,10
BLACK TEA	2,10
CHAMOMILE	2,10
PEPPERMINT	2,10
TEA SELECTION	2,90
CHAI LATTE   	4,50

JUICES

FRESH ORANGE JUICE	3,50
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CAFETERIA

TOASTS & SANDWICHES

	HALF	FULL
OLIVE OIL 	2,00	3,50
BUTTER  	2,00	3,50
YORK HAM   	3,00	5,50
SERRANO HAM 	4,50	8,00
TUNA  	4,00	6,50
SALMON  	6,00	11,00
FRESH OR CURED CHEESE  	4,00	7,50
AVOCADO 	4,00	7,00
SCRAMBLED EGGS  	6,00	11,00
HAM AND CHEESE SANDWICH  	-	5,00

EXTRA TOMATO +0,50

EXTRAS +1,50

Bowls

YOGURT WITH GRANOLA, HONEY & FRUIT	   	6,00
YOGURT WITH OATS & FRUIT	 	6,00

PASTRY

raúl asencio
PASTELERÍAS





















CROISSANT	  	2,00
HAM & CHEESE CROISSANT	  	3,50
CHOCOLATE CROISSANT	  	3,00
BUTTER & JAM CROISSANT	  	3,00
MUFFIN	  	2,50
DONUTS	  	2,00
PANETTONE SLICE	    	3,50
RAÚL ASENCIO		
PANETTONE SLICE WITH ARTISAN ICE CREAM		4,50
RAÚL ASENCIO	     	
INDIVIDUAL PANETTONE	    	7,50
RAÚL ASENCIO		

SNACKS

OLIVES		2,00
CHIPS		2,00
CHOCOLATE BARS	 	2,00

TAPAS








Cold

	HALF	FULL
MARINERA     (Per unit)	-	3,50
TORTILLA SLICE 	3,50	5,00
BOCAS SALAD       	3,50	5,00
RUSSIAN SALAD  	3,50	5,00
MURCIAN SALAD  	3,50	5,00
HAM PLATTER 	9,00	15,00
HAM & CHEESE PLATTER   	9,00	15,00
BAR SPECIAL TAPAS (Check allergens)	3,50	5,00

Hot

FRENCH FRIES	2,50	4,00
MEATBALLS    	3,50	5,00
HAM CROQUETTE (Per unit)     	-	1,50
CHICKEN WINGS  	6,00	10,00
PATATAS BRAVAS  	4,50	8,00

SALADS







	HALF	FULL
MIXED SALAD   Fresh lettuce mix, tomato, onion, corn, carrot, tuna, and boiled egg	6,00	9,00
TOMATO & CHEESE SALAD  Tomato and fresh cheese, grilled or fried	6,50	10,00
CAESAR SALAD     Lettuce, tomato, corn, grilled chicken, croutons, Parmesan cheese, and Caesar dressing	7,50	12,00

SANDWICHES

MIXED SANDWICH     York ham and cheese	5,00
VEGETABLE SANDWICH    Lettuce, tomato, corn, onion, and mayonnaise	7,00
CLUB SANDWICH       Chicken breast, bacon, cheese, York ham, lettuce, and egg	14,00

EXTRAS +1,50

BURGERS

BEEF BURGER    Beef, bacon, cheese, tomato, lettuce, onion, crispy topping, served with French fries	12,00
CHICKEN BURGER    Chicken, cheese, tomato, lettuce, onion, crispy topping, served with French fries	12,00

SANDWICHES

	HALF	FULL
GRILLED CHICKEN BREAST 	4,50	7,00
BACON & CHEESE  	4,50	7,00
TORTILLA  	4,50	7,00
SAUSAGE    	4,50	7,00
FRESH PORK LOIN WITH PEPPERS 	4,50	7,00
YORK HAM & CHEESE   	4,00	6,00
SERRANO HAM 	4,50	7,00
CHEESE  	4,00	6,00
TUNA & ANCHOVIES  	4,50	7,00




EXTRA TOMATO +0,50



EXTRAS +1,50


COMBINED DISHES

GRILLED CHICKEN BREAST   13,00

FRESH PORK LOIN WITH PEPPERS   13,00

SAUSAGES    12,00

BACON   12,00

TORTILLA   9,50

Maximum 2 ingredients to add (included)

ALL COMBINED DISHES include a fried egg and a choice of side: French fries or salad

EXTRA BREAD: **+1,80**

EXTRA TOMATO O ALIOLI: **+0,50**

PASTA

PESTO TAGLIATELLE  11,50

BOLOGNESE TAGLIATELLE  13,50

Tagliatelle with minced beef, tomato, onion, carrot, olive oil, and grated cheese

DIABOLO TAGLIATELLE   13,50



Tagliatelle with tomato, chili, olive oil, chicken, vegetables, and grated cheese

CARBONARA TAGLIATELLE   13,50

Tagliatelle with bacon, cream, and onion

EXTRAS **+1,50**

PIZZAS

MARGHERITA   10,00

Tomato sauce, mozzarella, olive oil, and fresh basil


HAM & CHEESE        12,00

Tomato sauce, mozzarella, and York ham





GRILLED CHICKEN, BACON & MUSHROOMS 12,00

Tomato sauce, mozzarella, grilled chicken, bacon, and mushrooms





SPICY CHORIZO     12,00

Tomato sauce, mozzarella, and spicy chorizo




FOUR CHEESES     12,00

Tomato sauce, mozzarella, goat cheese, sheep cheese, Parmesan, and pesto

KIDS MENU

PASTA   12,00

Plain pasta with tomato and/or tuna

BURGER    12,00

Choice of chicken or beef, with cheese and French fries

INCLUDES 1 WATER AND 1 ICE CREAM

DESSERTS

FRUIT		2,00
PREPARED ORANGE		3,50
TURRÓN ICE CREAM		5,00
VANILLA ICE CREAM		5,00
CHOCOLATE COULANT		7,00
With a scoop of ice cream		
TORRIJA		7,00
With a scoop of ice cream		

SLUSHIES

(available only during the summer season)

	Small	Large
LEMON	3,00	5,00
COFFEE	3,50	5,00
COFFEE WITH A SCOOP OF ICE CREAM		6,00

DRINKS

Soft drinks

WATER 1,5l / 0,5l	2,50 / 1,50
VICHY	3,00
TONIC	2,50
BITTER KAS	2,50
COKE 0,2l / 0,5l	2,80 / 3,80
ORANGE FANTA	2,80
LEMON FANTA	2,80
PINEAPPLE JUICE	2,50
PEACH JUICE	2,50
ORANGE JUICE	2,50
CHOLECK	2,00
FUZE TEA	3,80
AQUARIUS ORANGE	3,80
AQUARIUS LEMON	3,80
ENERGY DRINK	3,00
SPARKLING WATER	3,00
SPRITE	2,80

DRINKS

Estrella Galicia Beers



PINT	5,00
DRAFT (SMALL BEER)	3,00
SHANDY DRAFT	3,00
SHANDY PINT	5,00
BOTTLE	3,50
NON-ALCOHOL BOTTLE	3,50
RESERVE BOTTLE	3,90
GLUTEN-FREE BOTTLE	3,90
APPLE CIDER	4,50
BEER PITCHER	13,00
CANNED BEER	3,00
1906 DRAFT	3,50
1906 PINT	5,50
DESPERADOS	4,50

DRINKS

WINE

GLASS OF WHITE WINE (D.O. ALICANTE)	3,00
GLASS OF RED WINE (D.O. ALICANTE)	3,00
GLASS OF ROSÉ WINE (D.O. ALICANTE)	3,00
BOTTLE OF RED WINE (D.O. ALICANTE)	14,50
BOTTLE OF WHITE WINE (D.O. ALICANTE)	14,50
BOTTLE OF ROSÉ WINE (D.O. ALICANTE)	14,50

SANGRIA	7,00
SANGRIA PITCHER	14,50
BENJAMIN	6,00

DRINIKS

WHISKY J&B White Label	6,00
GIN Beefeater Larios	6,00
VODKA Smirnoff	6,00
MIXED DRINKS	9,00
CALICHE	3,00
VAQUERITO	4,00
LIQUEUR	5,50
BRANDY	4,00
PALOMA	3,50
VERMOUTH	3,90
ITALIAN SPRITZ	4,50